



*Excellence in dance
education*



RTO 40741



CUA40320

Certificate IV in Dance Teaching &
Management

Enrolment Prospectus



Australian
Qualifications
Framework



Ballet Australasia Limited (BAL) is a Registered Training Organisation (RTO 40741) and we can offer a nationally recognised qualification for dance teachers and dance studio owners.

The CUA40320 Certificate IV in Dance Teaching and Management provides an opportunity for members of BAL to achieve competency under this qualification.

The CUA40320 Certificate IV in Dance Teaching and Management will assist you as a dance teacher.

This qualification:

- Is a nationally recognised qualification.
- Assessments and examinations must be completed within two years of enrolment.

There are 14 units of competency to be completed and assessment tasks can be completed prior to the examination dates.

BAL provides:

- Initial 3 day face to face workshop
- Extra workshops and summer school
- Syllabus notations from Beginners to Grade 5
- CUA40320 Certificate IV in Dance Teaching and Management Learning resources
- Entry to CUA40320 Certificate IV in Dance Teaching and Management practical examination
- Home based workbook and assessment tasks
- Assessor support

This qualification reflects the role of individuals working in a variety of dance teaching contexts, including private dance studios. They apply solutions to a defined range of unpredictable problems and analyse and evaluate information from a variety of sources. They may provide leadership and guidance to others and have limited responsibility for the output of others.

CUA40320 - Certificate IV IN Dance Teaching and Management

Course Fee: \$5,000.00 (to be paid in instalments)

Mixed delivery

This course is for experienced dancers and will provide you with a further qualification towards your goal as a dance teacher.

QUALIFICATION DESCRIPTION

On successful completion of your chosen course, you will attain national recognition for your completed studies in the form of AQF (Australian Qualifications Framework) documentation, which may suit employment in a variety of situations within the private dance teaching industry.

EMPLOYMENT POSSIBILITIES

Completion of the qualifications will create possibilities for employment as a dance teacher in a private dance studio or managing your own dance school.

ENTRY REQUIREMENTS

To qualify for entry to this course, BAL requires a student to be able to demonstrate basic dance technique in the selected genre below:

- Jazz
- Ballet
- Hip Hop
- Tap
- Tap N Beats

This can be demonstrated through two pathways:

Option 1: Highest level of Examination

successfully completed the elementary exam (or equivalent with another organisation), provide a declaration from their dance teacher they are studying toward this exam.

Please attach your highest examination level achieved to the back of the enrolment application.

Please note: this must be in the genre that you have chosen to complete your qualification assessments in for lesson plans and video evidence of your teaching.

Option 2: Audition Video

If you have not completed any formal examinations through an association, an audition video can be uploaded to meet the requirements.

The audition video is used to determine your ability to demonstrate basic dance techniques in your chosen genre

Note: There is reasonable adjustments in audition for those requiring adjustments.

DURATION Two years part time COURSE STRUCTURE Total number of units required: 14. This consists of 7 core units and 7 elective units. (note: First aid must be arranged by the student externally to Ballet Australasia Limited (BAL))

Core Units (7) -

CUACHR412 – Create short dance pieces

CUADTM412 – Promote the physical & emotional wellbeing of children in performing arts

CUADTM413 Apply safe dance teaching methods

CUADTM421 Teach basic dance techniques

CUADTM431 Design & conduct learning programs

CUAWHS405 Provide a safe performing arts environment for children

HLTAID011 Provide first aid – This will be Credit transfer subject and will need to be organised outside of BAL

Electives (7) -

BSBESB406 Establish operational strategies & procedures

CUADLT412 Explore the relationship between music & dance

CUADTM441 Plan & conduct assessment activities for dance

CUAWHS413 Incorporate anatomy and nutrition principles into own skill development

CUAPPM421 Contribute to the organisation of productions

CUACHR413 Develop choreography skills

CUARES403 Research history & theory to inform own arts practice

Assessments:

Students will complete structured activities including short answer questions, projects and video submissions. Students are provided with study guides for each unit of competency in addition to learning sessions with our trainers in January and July annually.

Students are required to be self-directed learners. Although their trainer will make contact regularly in accordance with the provided training/study plan, it is up to the student to request assistance when needed. Students will need access to videoing equipment to film their teaching of others in a safe and appropriate manner conducive to the age, ability and needs of students. Students are required to meet the prerequisite requirements for the course they are enrolling in as detailed in the information provided above.

They are required to source training for and supply BAL a valid First aid certificate. These are valid for 3 years ONLY when CPR is completed every year. Evidence must be supplied to BAL that a First Aid certificate is valid at the time of completion of the qualification.

To undertake and successfully complete all units of competency within an individual qualification, students will need to possess reading, writing, and numeracy skills at the applicable unit level. As part of the enrolment process students will be asked to complete a Language, literacy and numeracy assessment to determine their current level skills in the three areas. Please note some units of competency do not require all three skills concurrently. The results of the evaluation will determine if a student requires any learning support whilst undertaking each unit of competency. If support is recommended, a confidential conversation will be undertaken between the student and Trainer.

Students are expected to contact BAL when they have a question, concern or do not understand any aspect of their learning journey. All students must have applied for a unique student identifier. This is a requirement by the Australian Government and can be applied for at www.usi.gov.au.

Reasonable adjustments are provided to all students with equitable access to facilities and services. All students have reasonable and appropriate academic and learning support as can be provided by the trainer.

All students have access to their current records of participation in a timely fashion. Students have an opportunity to change or request a change be made to their personal profile. Students may appeal any decision taken by a trainer/assessor or administrator. The first step is to discuss the matter with the person making the decision and if a solution cannot be found request an appeal as per the appeal procedure. Students can find the appeals procedure in the student handbook.

Recognition of prior learning is student driven. Students are required to upload their evidence and answer questions. The students' trainer will contact the student to discuss any further evidence they may require. RPL is a holistic assessment meaning evidence is assessed across different units and evidence. Trainers may require further/additional information based on what they have already viewed.

Credit Transfers are generally determined when a student forwards through to BAL. Credit Transfers will only occur when the unit codes match BAL's delivery OR where the training packages rules permit the Credit Transfer.

Audition Video Instructions

Select your genre and compile an audition video to submit to BAL.

In this video, you must:

- Wear appropriate attire, as if you were dressing for an audition or formal examination. This includes correct footwear.
- Physically demonstrate the techniques specific to your genre.
- Take into consideration and adhere to all safe dance practices.
- Film this video at a venue with adequate space and flooring appropriate to your genre.
- Include sound, so that we are able to see evidence of your musicality, expression, phrasing and correct timing.

The tables below specify the requirements for each genre as well as provide the observation sheet with the criteria against which the BAL assessor will be evaluating you.

Jazz Dance

Please complete a video containing the following requirements:

Jazz Dance technique			
Elements	Content	Time Frame	Criteria
Warm up <ul style="list-style-type: none"> - Cardio - Stretch & strengthening 	Perform a warmup demonstrating elements of cardio, stretch and strengthening, relevant to the techniques of Jazz.	Up to two (2) Minutes	Demonstrates: <ul style="list-style-type: none"> - Appropriate warm-up techniques - High energy and coordination throughout cardio component. - Emphasis on correct posture - Correct body alignment in stretch and strengthening component. - Use of safe dance practice
Basic Skill <ul style="list-style-type: none"> - Isolation combination 	Rib isolations, hip isolations, full body isolations le. Body rolls	Two lots of eight	Demonstrates isolation and coordination of the upper and lower body (iso-centric and polycentric isolations)
Centre skills a. Turns b. Kicks	Demonstrate three short sequences including at least two of the skills under each part. Single or double retire turns, pose turns, up down turns, chasse turn, chaine turns Unfolding kicks front and side, kicks on a releve front and side, fan kicks, reverse fan kicks, kicks, derriere could	Two lots of eight Two lots of eight	Demonstrates short and simple enchainements. Demonstrates a range of techniques/skills that integrate: <ul style="list-style-type: none"> - Balance - Flexibility - Stamina - Coordination - Weight transfer - Control - Articulation of individual body parts Shows attention to detail and memory

c. Jumps	include an attitude positions Forward jete, side jete, turning jete, split jump, hitch kick	One to two lots of eight	retention when demonstrating a simple series of steps or sequences Demonstrates correct posture and body alignment through execution of skills
Dance combination	Demonstrate a dance combination in a style of jazz, this could include up tempo, modern, cabaret, funk, lyrical	Up to one minute	Demonstrates: - Timing, phrasing and dynamic relationship between jazz dance movement and the accompanying music. - Musicality, expression, phrasing and correct timing, and sensitivity in movement sequences.,
Cool Down	Perform a short cool down that lowers the heart rate and stretches the appropriate muscles both sides of the body	Two lots of eight	Demonstrates appropriate cool-down techniques.

Tap Dance

Please complete a video containing the following requirements:

Jazz Dance technique			
Elements	Content	Time Frame	Criteria
Warm up and Barre Practice	<p>Compose warm up at the barre including the following:</p> <ul style="list-style-type: none"> - cardio movement – ball heels or tap springs at a faster temp - plies, rises, joint mobility exercises such as circles of the lower limbs, pointing and flexing. Calf and Achilles tendon stretches <p>Barre Skills:</p> <ul style="list-style-type: none"> - Nerve beats demonstrating different rhythms - forward and backward beats, shuffles, pick-ups, wings and knock wings. 	Up to three (3) minutes	<p>Demonstrates:</p> <ul style="list-style-type: none"> - appropriate warm-up techniques. - correct posture and body alignment appropriate to the movement techniques used for ward up and barre practice. - use of safe dance practice.
Centre Practice	Demonstrate three short sequences including at least two of the skills under each part.		Demonstrates:
a. time step & break	A time step and break relevant to your previous training	Two lots of eight	<ul style="list-style-type: none"> - short and simple enchainements Isolation and coordination of the upper and lower body in simple movement sequences - a range of techniques that integrate:
b. wing combination	Double and syncopated wings, travelling wings.	Two lots of eight	<ul style="list-style-type: none"> Balance Flexibility Stamina Coordination

c. Turn combination	Shuffle turns, ball heel turns, pick up turns, chaine turns	Two lots of eight	Weight transfer Control Articulation of individual body parts
Dance combination	Demonstrate a Tap dance combination. This could be any tempo or style ie. $\frac{3}{4}$, 4/4, waltz, tango, speed etc	Up to one minute	Demonstrates: - control, attention to detail and memory when demonstrating enchainement of dance steps. - musicality, expression, phrasing and correct timing, and sensitivity in movement sequences.
Cool Down	Perform a short cool down that lowers the heart rate and relaxes/stretches the appropriate muscles both sides of the body	Two to four lots of eight	Demonstrates appropriate cool-down techniques.

Classical Ballet Dance

Please complete a video containing the following requirements:

Ballet Dance technique			
Elements	Content	Time Frame	Criteria
Warm up and stretch and strengthening	Perform a warmup demonstrating elements of cardio, stretch and strengthening relevant to the techniques of Classical Ballet	Up to two minutes	Demonstrates: <ul style="list-style-type: none"> - Appropriate warm-up techniques - correct posture and body alignment appropriate to the movement techniques used for classical ballet warm up techniques - use of safe dance practice
Barre practice	<p>Compose and perform a series of Barre exercises including:</p> <ul style="list-style-type: none"> - Plies (demi & grand in all positions of the feet) - Battement tendu & Glisse, Rond de Jambe - Petit Battement - Battement Frappe - Battement Fondu - Releve - Grand Battement <p>Please note you can combine exercises together.</p> <p>They just need to be simple enchainements demonstrating the basic techniques, for eg. Battement tendu and Glisse can be performed En Croix from fifth position.</p>	Depending on exercise being demonstrated. One to four lots of eight.	Demonstrates: <ul style="list-style-type: none"> - Short & simple enchainements - isolation & coordination of the upper and lower body in simple movement sequences - emphasis on body alignment and use of rotation and turnout.

Centre practices	Demonstrates four Enchainements including the following movement techniques:		Demonstrates a range of techniques that integrate: Balance Flexibility Stamina Coordination Weight transfer Control Articulation of individual body parts.
a.Port des Bras	Demonstrate knowledge of correct posture and body alignment appropriate to Port des Bras showing at least five positions of the arms. Expressing a flow of movement with use of arms, head and eyes	Two lots of eight	Maintains emphasis on body alignment and use of rotation and turnout. Demonstrates attention to detail, and memory retention when demonstrating simple linking of steps or enchainement of dance movement
b. Adage	Demonstrate a basic level of adage consisting of slow controlled movement. This could include Developpes to Devant or Second, Arabesque and Attitudes.	Two lots of eight	
c.Pirouettes	Demonstrate single Pirouettes En Dehor or En Dedan	One lot of eight Each side right and left	
d.Allegro	Steps of allegro could include: Glissades, Assembles, petit jetes and jetes, temps leve	Two lots of eight.	

Dance Enchainement	Demonstrate a classical Ballet Dance Enchainement, focusing on the techniques required such as use of correct posture and turn out.	Up to one minute	Demonstrates: - the timing, phrasing an dynamic relationship between classical ballet movement and the accompanying music. - musicality, expression and sensitivity.
Cool Down	Perform a short cool down that lowers the heart rate and relaxes/stretches the appropriate muscles both sides of the body	Two to four lots of eight	Demonstrates appropriate cool down techniques.

Hip Hop and Tap N Beats Dance

Please complete a video containing the following requirements:

Hip Hop and Tap N Beats Dance Technique			
Elements	Content	Time Frame	Criteria
Warm up Cardio Stretch & strengthening	Perform a warmup demonstrating elements of cardio, stretch and strengthening relevant to the techniques of your chosen genre	Up to two minutes	Demonstrates: - appropriate warmup techniques - correct posture and body alignment appropriate to the movement techniques - use of safe dance practice
Centre techniques a.Skill combination 1 floor	Demonstrate three combinations including the following relevant to your movement technique genre: Isolations Arm combinations Floor skills Pirouettes Kicks Jumps Tricks at a basic skill level Working on an off centre Other techniques relevant to your chosen genre	Two to four lots of eight for each combination	Demonstrates: - short and simple enchainements - isolation and coordination of the upper and lower body in simple movement sequences - a range of techniques that integrate balance flexibility, stamina, coordination, weight transfer and control and articulation of individual body parts - correct posture and body alignment appropriate to chosen dance technique and movement Shows emphasis on the importance of control, attention to detail and memory when demonstrating simple series of steps or enchainements.

Dance combination	Perform a dance enchainement relevant to your genre showing linking of movements with correct execution of technique, style, correct body alignment, mind and body focus, differing tempos and musicality.	Up to one minute.	Demonstrates: - the timing and phrasing relationship between dance movement and the accompanying music - musicality, expression, and sensitivity in movement sequence
Cool Down	Perform a short cool down that lowers the heart rate and relaxes/stretches the appropriate muscles both sides of the body.	Two to four lots of eight	Demonstrates appropriate cool down techniques



Ballet Australasia Limited
RTO 40741
PO Box 593 DARLINGHURST NSW 1300
Phone: 0292831600
Email: enquiries@dancebal.com
Website: dancebal.com
ABN: 43 003642 062